

## **NATURAL BATH BOMBS**

### **Ingredients:**

1 ½ Cups Bi-Carb Soda

½ Cup Citric Acid

24 Drops of Your Favourite Essential Oils

2 Teaspoons Sweet Almond Oil or Light Vegetable Oil

Food Colouring

1 Large Bowl / 1 small bowl

Bath bomb Molds, Silicon Muffin Pan Molds or Cookie Cutters

Rubber Gloves

### **Method:**

Sieve together Bi-Carb Soda and Citric Acid in a large mixing bowl.

In a separate bowl, mix 6 drops Essential Oils, ½ Teaspoon Olive Oil and food colour to make 1 bath bomb. With gloves on, add ½ cup of the dry mixture and mix into the oil mixture slowly, working the oil mixture into the dry ingredients with your fingers until it stays together.

Grease the mold with oil and firmly pack the mixture into the mold.

Repeat the process with the remainder of the mixture for each bath bomb. Leave to set for 24-36hrs before removing the mold.

Note: Some people have skin sensitivities to certain products. If irritation to the skin occurs, discontinue use.